# **COMMUNITY NEWS**

Seer Green and Jordans Parish Magazine

March 2025

Helen's quiche recipe Janet's book reviews World Day of Prayer

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#### **Thought for the Month**

As March unfolds, many people will enjoy pancakes on Shrove Tuesday, 4 March, (aka Pancake Day). Normally in February but later this year due to Easter being towards the end of April. A particular favourite purchase of mine a few years ago was an electric pancake maker. It's brilliant to use with children and I love making designs on it, as well as eating the delicious pancakes!



Following Pancake Day, Lent begins with Ash Wednesday on **5 April**, starting a time traditionally associated with reflection, selfdiscipline, and renewal. Lent offers the opportunity to pause, reassess, and make intentional choices about how we spend our time, money and energy.

In our busy lives, it's easy to fall into routines that leave little space for those moments. Often during Lent people give up something, for Christians remembering the 40 days when Jesus fasted in the wilderness (you can read about it in the Bible, Matthew chapter 4). Some may give up certain foods, alcohol, social media as examples. As a teenager I aimed to give up sweets, chocolate, biscuits, crisps and cake for lent, rather optimistic to be honest, especially with a birthday in the middle of March meaning it was always too difficult to manage the whole time. I much prefer taking the opportunity to set aside time to take up something new, often an additional study of some form, but also making time for deeper connections with others.

As we look toward spring and Easter and the hope of new life that it brings, I wonder how you may take the opportunity this lent season gives to create space for reflection, time for relationships, opportunities for generosity and moments for growth in body, mind and soul?

Janna Holder - Children and Families Minister - 07764 490960



#### **Church and Community Organisations**

<b>Vicar</b> Rev Jez Carr rev.jez	zcarr@gmail.com	Jordans Village Hall C Chris Jenkins   Booking Secretary	Office 10.00 - 1.00 01494 875177
, , , ,	07916 559151 hurs and Sunday	Jordans Village Lunch Club Catherine Robinson	01494 873193
Rector of the Benefice Rev Dan Beesley revdbee 01494 872097	esley@gmail.com 07590 123603	Jordans Village Nursery Schoo Julie Leonard	l 01494 875603
Benefice Assistant Priests Rev Jenny Tebboth	07708 094532	Jordans Picture House Alan Sealy/Box Office	01494 873205
Rev Paul Henderson paul.e.henderson@btinternet.com		Jubilee Hall David Howkins	01494 857760
Licensed Lay Minister Linda West		Jordans Quaker Meeting House Nina Liebenberg   Warden	e and Centre 07962 105305
Children and Families Minister a Janna Holder	and SGKIDS 07764 490960	Little Ducklings Nursery Kelly Bartley	01494 677190
Churchwarden and General End Janine Dunnell	<b>juiries</b> 07525 322955	One Can Janet Stewart janeteste	ewart@gmail.com
Holy Trinity Administration Janelle Stevenson holytrinitysgj@gmail.com		Seer Green Allotments Barry Richardson / Chairman	01494 673407
Parochial Church Council Audrey Hardy   Treasurer	07342 652707	Seer Green Baptist Church Rev Louise Gilbertson	07983 882260
Pastoral Care Heather Rowe	01494 677573	Seer Green Bridge Club Irene Machin   Secretary	01494 676321
Church Flower Guild Pam Britton	01494 678466	Seer Green Church of England Laura Morel   Head Teacher	School 01494 676344
Scouts   Explorers   Cubs   Beavers andrew@seergreenscouts.org.uk		Seer Green Gardeners Janet Stewart	07740 857451
Seer Green Brownies Carole Wharrier	07977 423555	Seer Green and Jordans Societ	
Eight O'Clock Club Monica Sado	01494 677851	WWW.0	age@hotmail.com urlivingvillage.org
<b>Girl Guides</b> Brenda Orr   District Commissioner	01753 887209	Seer Green Lunch Club Gill Roberts	01494 677281
Jordans and District Rotary Clu Brian Westwood   Secretary	<b>b</b> 07885 579442	Seer Green Parish Council Liz Bates   Parish Clerk	01494 874233
Jordans Horticultural Society Emma Pegram	01494 874574	Seer Green Pre school Kirsten Pole   Manager	01494 677190
Shan Liu Faith Key	01494 730312 01494 870039	Seer Green Football - United (juniors) Tim Wyatt	07833 246819
<b>Jordans School</b> Holly Swain   Head Teacher	01494 874217	- FC (adults) Art Anderson Seer Green Village Choirs	07919 027351
Jordans Music Club Marion Pell   Chairman	01494 872875	Jane Smith	07759 841205

#### **From the Editors**

It's already the third month of 2025 and hopefully spring is around the corner with the promise of colourful spring flowers, longer days and better weather. Enjoy reading news from our schools and the different village organisations. This month there is plenty going on in our two villages – so do read about the various events on offer. JPH is screening two films, the scouts are holding a disco and Jordans Village Performs is hosting a performance of English song. Something to appeal to everyone.

**The Editors** 

#### Next Month's Magazine

Please send all contributions for the **April** issue to: editorseergreen@gmail.com by **7 March 2025**. Diary dates for the next two or three months would be very welcome.

Articles should be **300 words max** and in WORD (.doc or .docx format) and photos should be jpeg format, preferably 300 dpi.

Please note any items submitted may be edited for space, content or style.

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#### **Contact us**

Holy Trinity website Church Wardens and General Enquiries www.seergreenandjordanscofe.org
Janine Dunnell 07525 322955

Front cover: Hodgemoor Woods - Phil Moody

#### **Revision of the Electoral Roll**

Holy Trinity; Seer Green and Jordans

Every six years the Electoral Roll of every Church of England church is revised in order to obtain accurate numbers of worshipers. Being on the Electoral Roll entitles you to vote at the parish church's annual meeting. This year, 2025, everyone who wishes to be on the Electoral Roll of Holy Trinity is required to complete a new application. The timing is related to Holy Trinity's Annual Parochial Church meeting (APCM) which will be held on **Sunday 18** May. Application forms will be available at the back of the church from **30 March** until **27 April**. Please complete and place into the box for completed applications.

To be eligible you must meet the following criteria:

Be baptised and aged 16 or over

Be a member of the Church of England and a resident in the parish who regularly attends church

If not a resident in the parish you habitually attended public worship in the parish during the six months prior to enrolment

Heather Rowe - Electoral Roll Officer

#### Holy Trinity Services in March

2 Mar	10am 3.30pm	Holy Communion Families @ 3.30
5 Mar	10.30am	Ash Wednesday Midweek Communion with ashes
9 Mar	8am 10am	BCP Communion Service Morning Praise
16 Mar	10am 5.30pm	Holy Communion Reflective Service
23 Mar	8am 10am	BCP Communion Service Morning Praise
30 Mar	10am	Morning Praise - Mothering Sunday

#### February Charity of the Month



Charity of the month

Opened in 1994, Bradbury House of purpose-built residential care home, located in the heart of Beaconsfield Old Town. Operating as part of the national charity, The Abbeyfield Society, we offer both residential and day care for older people. At Bradbury House, we care. This year Bradbury House is raising funds for a new minibus to give residents day trips.

Day and Residential Care Options

Freshly cooked lunch daily, as well as snacks and drinks

Activity Centre with Arts & Crafts, Music Therapy and more

Exceptional level of care for those who become unwell or develop more complex health needs as well as end of life care.

#### What do you think?

Holy Trinity Church, Seer Green and Jordans, would like to know your views on two different areas.

1) New ways to engage with teens and adults, with the potential for new opportunities to explore faith.

2) The use of our building for a trial pop-up cafe, with the potential for a more permanent cafe.

As we look to shape what we offer we'd love to hear your thoughts, and would really appreciate it if you could answer some multiple choice questions, with the option to write additional comments if you wish. You can scan the QR code to get to it or go to https://www.smartsurvey. co.uk/s/820PDR/.

If you would like a paper copy of the survey, please get in touch with Janna Holder

It shouldn't take you very long to complete and we'd be very grateful for your input. Thank you.





#### World Day of Prayer 2025

#### Friday 7 March

All welcome - Seer Green Baptist Church - Please join us at 11am - Soup lunch to follow.

#### Cook Islands I made you wonderful



#### Would you like to subscribe to Community News?

Would you like to subscribe to Community News ?

We have made it easier to subscribe at any time now, so if you missed the January subscription date you are not too late.

New subscribers can use the QR code to sign up and pay for their 2025 Parish magazine, at a discounted cost of £15 for 10 editions, rather than £20.

Just scan the QR code, click subscribe, add a 10 edition subscription to your cart and checkout! Your details will go to the distribution team and the magazine will arrive at your door each month (subject to address in Seer Green/ Jordans).

If you are not happy using a QR code then just email us at editorseergreen@gmail.com and we will sort it out

The Editors





#### Special Guest Speaker Nikki Walker Williams

#### **Donations to Holy Trinity**

If you would like to donate to the work and upkeep of Holy Trinity Church there are many quick and easy ways to do so -

Go to our website:

seergreenandjordanscofe.org and scroll down the homepage to 'Online Giving' and follow the link.

Or go to: https://tinyurl.com/4hx7cyzx

Or you can activate our Online Giving page by using the QR code opposite.

Donations in cash/cheque may be delivered to our treasurer at 58 Chalfont Road.

If you can Gift Aid your donation, please add your name and address.

Saturday 15 March 9:30AM

Please RSVP by QR code

or emailing:

saintaleschurch@amai.com

If you would like to join our planned giving scheme, please speak to our treasurer Audrey Hardy on 07342 652707 or chardyseergreen@aol.com



### Lent Lunches

Delicious HOMEMADE soup served

Every Friday 7th March to 11th April

In the Reading Room 11:30am to 2pm

At least four choices weekly Check our Facebook page for the flavours of the week

> Donations support The CSG Reading Room & Age Concern GX Plus

**Everyone welcome** Bring a friend







#### March up at the allotments

After the glorious lights and colours that we decorate midwinter festivals with, January and February can seem overwhelmingly monochrome, added to which the days are still so short and the dark hours long. And so we welcome the bright yellow forsythia and primrose, magnificent straight backed tulips and swathes of colourful crocus that can brighten the onset of March. But of the various sayings from folklore regarding the third month of the year, this seems to cover the basics for us allotmenteers:

March "In like a lion, Out like a lamb" (or vice versa), just about sums up the varied weather conditions we can face, wild and volatile, calm and quiet.



It is very tempting to rush into action after the short days of midwinter, by mid-March we can enjoy 12 glorious hours of daylight and on a warm sunny day almost fool ourselves into thinking the worst is over and it's time to throw caution to the wind and get going. Beware! Yes of course there are things that can be done on the plot and in the greenhouse, preparation is the name of the game for March, if you are not already a keen weather forecast watcher, start now, there can be snap frosts for the next three months so keep alert!

If you've been warming up beds under polythene now is a good time to remove that and rake the soil to a fine tilth ready for seeds, an application of seaweed or blood, fish and bone fertilizer will make for a happy start to seeds or seedlings when you put them in later. Cut off dead leaves on strawberries and other plants, less places for slugs to harbour, and while I'm on that slithery subject, now is a good time, if you are so inclined, to place some beer traps around, an impressive cornucopia of slugs can be garnered in early spring this way. So feed, weed and mulch.

March or April is a good time to plant asparagus crowns into a well prepared bed, three years of patient horticulture will then reward you with up to 20 years of delicious spears. No wonder they are called crowns, serving up a breakfast fit for a queen : lightly boiled egg with asparagus 'soldiers' - delicious!

**Charlotte Baggins** from the allotments.

#### **News from Seer Green CE School**

It seems amazing that we are already half way through the academic year already!

Our Reception pupils have settled in amazingly and are thriving in their new environment. Their progress across the curriculum has been impressive and I was particularly impressed by their recent artwork. In conjunction with their studies on Chinese New Year, the children demonstrated impressive fine motor skills while creating their first watercolour pieces. This reflects both their artistic abilities as well as their growing confidence and adaptability.



Mariella

Oliver

To help develop their understanding of personal safety, all the children participated in an online assembly hosted by the NSPCC, featuring Ant and Dec. Year 2,5 and 6 were also visited by NSPCC volunteers who ran interactive workshops. These important events reinforced the crucial message that every child has the right to speak out, stay safe, and seek help when needed. Our pupils were encouraged to reflect on the network of caring adults, both within and outside the school, who are ready to listen and support them.

Building upon this foundation of safety and support, we embraced Children's Mental Health Week, centred around the theme 'Know Me, Grow Me'. We encouraged discussions about self-awareness and emotional intelligence. We emphasised the importance of understanding oneself and one's emotions to allow us to embrace new challenges with confidence.

I am delighted to announce that our Year 5 pupils have started rehearsals for their upcoming performance at Energise. This exciting event is scheduled to take place at The Wycombe Swan at the end of March. We will share photographs of their performance with you in due course.

Laura Morel - Head Teacher

#### **Seer Green Gardeners**

As Spring is finally in sight – look out for the Seer Green Gardeners brochure which will be dropping through your letterbox very soon, if it hasn't already!

We've decided to try to do things a bit differently this year as we are all trying to adjust to the change in climate and seasons, so do please have a look through for all our new initiatives.

We'd love to get the whole village involved in our Scarecrow trail, plant sales, bird walks, speaker events as well as the traditional Spud in a Bucket and Autumn Show.

Every resident in Seer Green and Jordans is automatically a member, so don't be shy. We really look forward to welcoming you all.

#### What to do in March in your garden

- As signs of Spring appear, take stock of what you have growing (or not!) in your plant borders, beds and pots. Are there gaps? Check any photos you've taken at different times of the year and think about colours, shapes, sizes, flowering times and above all, their value to pollinators. Then head to one of our local nurseries and don't hesitate to ask for advice. We particularly like Rowan Nurseries and Davies Bros for their helpful knowledgeable staff.
- Grow chives! Great for salads and even better for bees. Ask around amongst village gardeners as many will have clumps that need dividing.
- To maximise enjoyment from Hellebores and Epimediums, two superearly spring flowering plants, cut off old leaves at ground level, being very careful to avoid damaging their flower buds. Epimediums make great ground cover for shady spots but they hide their delicate flowers under the old leaves so you might not even realise what you're missing or even what the plant is!
- For veg growers, it's time to plant onions and shallots buying 'sets' (pre-germinated baby bulbs) are the safest bet. Search 'Charles Dowding onions' for great advice on how to succeed. (I followed this last year and harvested a spectacular crop in mid summer which lasted us in the kitchen until February.)

#### Sally Ash/Janet Stewart



#### 8 O'Clock Club

Whether it's a crisis, a need for thinking-time, or just plain comfort that's required, there's often an immediate response of "I'll just put the kettle on!" Contrary to perception, England is not the heaviest tea-drinking nation. The top spot of kilo/head is held by Turkey, consuming 50% more than anyone else in the world.

Giles Oakley and Mark Lawson, https://twospoons.co.uk Chesham have been in the Tea Business for many decades, and in a very amusing/informative presentation amid much hilarity and audience participation, introduced us to the fascinating world of tea; a journey from Bush to Cup.

A Bush from Cornwall was exhibited, and a Cup of Darjeeling tasted!

Plucking tea leaves by hand is still the best method, and two good leaves plucked from the top of a bush will re-grow in ten days.

Travelling the world in their pursuit of tea, our speakers are professional Tea-Tasters, showcasing delicious teas through a business they started 4 years ago.

Tea is an agricultural product with 14 million people worldwide involved in the production; from those who work in the fields, factories, warehouses or logistics, to the Tea Auction Houses, the buyers, the brand owners, and the blenders.



Tea-tasting itself is an art, ad I'm not sure our attempts with the Darjeeling guite matched that of our speakers, but it was surprising to learn that any tea-tasting room should face north so that the true colour of the tea can be determined, without shafts of sunlight distorting the picture. Tasting requires a consistency of process that includes the same amount of water, milk, and brewing time. Different countries prefer different leaf-sizes, and as the second-cheapest drink product in the world after water, the tea will have been tasted by professional tasters between 6-8 times before reaching the shelves of our shops.

The next talk will be onThursday, **March 6**, 2025 at 8pm

A Wistful Eye. The Tragedy of a Titanic Shipwright' by Denise Beddows.

Seer Green Baptist Church

£4 (cash) admission includes tea/ coffee

**Elizabeth Lee** 

#### **News from Seer Green Pre School**

We've had a busy start to 2025 so far and the pre-school children and staff are all delighted to be back together, playing and learning about all sorts of exciting things.

On 29 January we celebrated Chinese New Year by listening to the story of the animals racing across the river to create the 12 signs of the Chinese zodiac. The children then had great fun dancing and marching around the hall dressed as a Chinese dragon!

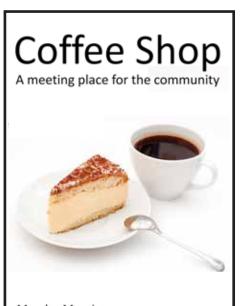


Animals are our theme for this half term and the children have been learning about all sorts of different creatures, discussing which animals live where and sorting them into their habitats. We even had the chance to meet some real-life animals, including a very friendly cat called Coffee and a service dog called Purdy. We've also seen lots of lovely photos of pets and had an animal-themed sing-a-long, accompanied by ukulele.

We're very lucky to have beautiful woodlands on the pre-school's doorstep and some of the children were treated to a nature walk around Long Grove Wood, giving them the chance to experience local wildlife up close. It was a lovely opportunity for the children to talk about what they enjoyed about the experience and how it made them feel, extending their vocabulary. One of the children said "I love the feel of the breeze on my face"

Finally, we would like to say a huge thank you to everyone who supported our annual comedy night. It was a roaring success and helped raise essential funds for the pre-school which we can now put towards new equipment for the children to enjoy.

**Amy Miles** 



Monday Mornings 10.30am to 12.00noon Seer Green Baptist Church

#### **Jordans Village performs**



Sunday 23 March at 4.00pm

A performance of English song including Vaughan Williams, Coleridge-Taylor, and Coward interspersed with some piano solos and readings on the theme of love, loss and travel. Baritone Julian Brockless, pianist Esther Cavett, and friends. Tea and cakes in the interval.

Saturday **26 April** 2025, 7.30pm. The Jenkins family offer a concert in honour of nature and renewal. Cressida and James Lindsey will perform cello and song pieces, Esther and Lyn will do piano and violin, and there will be some music involving all performers. There will be an interval talk by a member of the Jordans Manor Farm Fields rewilding project.

Saturday **31 May**, 2025, 4.00 (for approximately 90 minutes). AGM for members only, with special mini recital by Natalie Bleicher, tea and scones.

As always, for these concerts we will ask for a donation either via eventbrite or on the door. Suggested donation for adults £10 or upwards, suggested donation of £4 for those still at school or unwaged. We don't want money to be a barrier to attendance, hence the donation model, but your contributions are vital in order to cover the costs of future events.

#### Esther Cavett

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#### **Jordans Picture House**

#### Our 2025 programme continues

We look forward to welcoming you again!

On Friday **March 14** we shall screen "Aftersun". Doors open at 6.45pm and the Programme starts at 7.30pm.

#### Aftersun (12A)

Cast: Paul Mescal; Frankie Corrio; Celia Rowson-Hall. Director: Charlotte Wells

Sophie reflects on the shared joy and private melancholy of a holiday she took with her father twenty years earlier. Memories real and imagined fill the gaps between as she tries to reconcile the father she knew with the man she didn't.

https://tinyurl.com/yc45pkyn

On Friday **March 28** we shall screen "Inception". Doors open at 6.45pm and the Programme starts at 7.30pm.

#### Inception (12A)

Cast: Leonardo DiCaprio; Joseph Gordon-Levitt; Elliot Page. Director: Christopher Nolan.

A thief who steals corporate secrets through the use of dream sharing technology is given the inverse task of planting an idea into the mind of a CEO but his tragic past may doom the project and his team to disaster.

https://tinyurl.com/3h4m99km



How to buy tickets (Adults £8.00, U15s £5)

**Online:** Go to **www.jordanspicturehouse.co.uk** See "Programme and Buying Tickets"

Jordans Box Office: Alan Sealy alan@janetsealypartnership.com 01494 873205

Seer Green Box Office: Gill Pettman gillyp4@btinternet.com 01494 678050

**Jordans Picture House Committee** 





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In Aid Of Jordans Village Hall Trust

# SPRING SOIRÉE

SATURDAY, 8 MARCH 2025 7:30 O'CLOCK PM TO 12 O'CLOCK AM

The Bull Hotel Oxford Rd, Gerrards Cross SL97PA

DINNER | DANCING | SILENT AUCTION DRESS CODE: BLACK TIE OPTIONAL

Tickets on sale now: £110pp https://www.ticketsource.co.uk/jordans-villagehall-trust

#### The new Jordans Village Hall



In Jordans the greatest news in January was the result of the vote, the voting paper issued to all residents, on the plans proposed by Jordans Village Hall Trust (JVHT) to build a **New Jordans Village Hall**. This ended with a resounding show of support for them.

It gives me the greatest pleasure to let you know that the Trustees of JVHT are now forging ahead with funding for the New Village Hall. The JVHT Fund Raising Committee are applying for grants, approaching individuals and promoting fundraising events.

The first of these appears below. A celebration of the belief in perpetuating the much valued community spirit that we have in Jordans by building a community hall for the enjoyment of all who have the good fortune to live in our villages of Jordans and Seer Green.

Watch this space for forthcoming events!

Ali Cork - Chair, Jordans Village Hall Trust

#### Volunteer Treasurer needed to join the Shop Committee

Join our vibrant and friendly team of staff and volunteers at JVCS. The shop is a social hub and essential to village life and needs your help for its continued success.

Key Responsibilities:

- Provide regular financial updates to the Committee
- Monitor cash flow
- Ensure financial compliance
- Help to ensure the shop remains financially sustainable

For further information or to join our friendly team please contact:

Angela Hamme - 07774813515 secretary@jordansvillagestore.co.uk



#### **Dates for your Diary**

Thurs 6 Mar 8pm	8 O'Clock Club A Wistful Eye - The Tragedy of a Titanic Shipwright - Denise Beddows
Sat 8 Mar 7.30pm - 12am	JVHT Spring Soiree
Fri 14 Mar 6.45pm/7.30pm	JPH Aftersun
Sat 15 Mar 7.30pm-11.30pm	Seer Green Scouts Disco through the Decades
Sun 16 Mar 7pm/8pm	Rotary Club Charity Film Night The Butler
Sun 23 Mar 4pm	Jordans Village Performs Concert of English Song
Fri 28 Mar 6.45pm/7.30pm	JPH Inception
Mon 31 Mar 7.30pm	Seer Green Singers Workshop
Sat 19 Apr 10am-3pm	The Great SG Easter Egg Hunt
Sat 26 Apr 7.30pm	<b>Jordans Village</b> Performs Nature/ Renewal concert



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#### **Our Living Village: Seer Green's forgotten Ambassador**

Born in 1889, Winant attended Princeton University, before teaching history. His political career began in 1916 with election to the House of Representatives. He was widely admired for serving three terms as Governor of New Hampshire, from 1925-27 and 1931-35. He was a lifelong Republican, idealistic and an advocate of progressive reforms, including limiting working hours for women and children, minimum wage, and abolition of capital punishment.

President Roosevelt appointed him Chairman of the Social Security Board in 1935, then Director of the International Labour Organization in Geneva in 1939, working for social and economic reform even as the world descended into war. In 1941 he was appointed Ambassador to Great Britain. During the Battle of Britain he was known to walk the streets of London aiding injured casualties.

In London he had occupied the Ambassador's residence in Grosvenor Square, but he also leased Rawlings Farmhouse in Seer Green as his country retreat.

He developed a strong relationship with Churchill, joining him most weekends at Chequers. He was a key proponent of the 'lend-lease' programme, which saw massive injection of US aid to the European



war effort; in marked contrast to his predecessor as Ambassador, Joseph Kennedy, who had advocated appeasement with Hitler.

Roosevelt's death in 1945 robbed Winant of a friend and mentor; shortly afterwards Churchill was voted out of office; and in 1946 President Truman appointed a new Ambassador to London, Winant returned home with alowing accolades from Churchill; but he was bereft of purpose, frustrated and depressed, in debt, under pressure to complete a series of books, and estranged from his socially ambitious wife following his 'secret' affair with Sarah Churchill. Sadly, in 1947 he committed suicide.

Nigel Rothwell - ourlivingvillage@ hotmail.com www.ourlivingvillage.org

Photo - Gil (John Gilbert) Winant, 1943 ©Dutch National Archives CCA-SA3.0

#### **Easy Spring Quiche**

This quiche uses an easy to make spelt pastry which gives a wonderful crunchy crust. With Spring about to blossom, it is a lovely way to use eggs and enjoy the new season.

#### Ingredients - pastry

- 125ml water
- 80 ml olive oil
- 200g wholegrain spelt flour
- 65g ground almonds
- ½ tsp salt
- ½ tsp freshly milled black pepper

#### Ingredients - filling

- 150-200g filling of your choice (smoked salmon and blanched asparagus pictured). Try ham and onion or cooked & squeezed fresh spinach with feta
- 50g cheddar, grated
- 5 eggs, beaten and seasoned with salt and pepper
- 75ml cream (optional)

#### Method:

- Preheat oven to 200c Fan.
- In a pan boil together the water and oil.
- Take off the boil and immediately stir in all the dry pastry ingredients.
- Very gently knead together to form a soft ball, be careful as it is hot.
- Roll the pastry ball between two sheets of greaseproof paper.
- Transfer the pastry with paper underneath into a quiche or flan dish approx. 20cms/8 inches round.
- Press the edges into the sides and crimp using your thumb and two fingers.
- Line the pastry with greaseproof paper and cover with baking beans. Bake blind for 20 minutes.



- Remove the paper and beans and continue to bake for a further 10 minutes.
- Meanwhile, prepare the filling ingredients of your choice.
- Place filling ingredients in the baked pastry case along with the cheese and pour over the seasoned eggs and cream if using.
- REDUCE the oven temperature to 170c Fan. Bake the quiche for 30 to 40 minutes or until eggs are set and the quiche is a light golden in colour.

#### Helen Lindsey-Clark

#### **Janet's Book Reviews**



#### Enigma Girl - Henry Porter

I hadn't read anything by this author, but I heard a recommendation and realised how prolific he is. A big old book – possibly could have been cut, but I thoroughly enjoyed it.

If you enjoy Mick Herron's Slow Horses series then you will love this. An up to the minute contemporary spy thriller.

MI5 officer Alice "Slim" Parsons is the heroine. Her last assignment didn't end well and ended up with her running away from her target and employers. However, she's asked back to infiltrate a news organisation which seems to be able to access government secrets, but turns into a complex operation linking Slim's past assignment.

Set in Bletchley Park, a perfect location for espionage and a world of secrets.

This is a complex, fast paced, well researched read which keeps you on the edge of your seat whilst presenting an engaging character with her own personal history.

Janet Stewart

#### **Supporting People with Sight Loss in Your Community**

Imagine losing your sight and suddenly finding everyday tasks more challenging shopping, reading mail, or simply getting out and about. At BucksVision, we're dedicated to ensuring that people with sight loss across Buckinghamshire don't face these challenges alone.



We provide practical support and social opportunities to help individuals stay independent and connected. From home visits to help with reading or shopping, to social groups that bring people together, our services make a real difference.

But we can't do it without volunteers. Right now, we're looking for kindhearted people to join our team in roles such as:

Befrienders – Visiting someone for a friendly chat and support. Volunteer Drivers – Helping members attend social groups and events. Activity and Social Group Helpers – Assisting at local meetups, ensuring our members feel welcome.

Volunteering with us is rewarding, flexible, and truly life-changing—not just for those we support, but for our volunteers too! Whether you have a few hours a month or a little more time to spare, we'd love to hear from you.

Here is what we do. The first photo is Robert, one of our dedicated volunteers, helping at the social club visit to an alpaca farm. It was a fantastic and fun-filled day, with lots of laughter as the members got to meet, feed and interact with these wonderful animals. The second photo features one of our walking groups, which regularly travel to beautiful destinations around Buckinghamshire for both long and short walks. These outings provide a great opportunity for fresh air, exercise, and social connection, all guided by our amazing volunteers.

Call us on 01296 487556 Email us at reception@bucksvision.co.uk Find out more at www.bucksvision.co.uk

Help us make a difference - one small act of kindness at a time!

Kimmi Gray - Bucks Vision



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#### The Chiltern Society's seasonal walks

These walks are now live online with a selection of routes that include all the beauty the Chilterns has to offer. Routes include heritage spots, chalk streams, beech woodlands, parkland and of course impressive views. They are available to download as a PDF for personal use, on OS maps and on Visorando.

A favourite is a 4.4 mile walk taking in stunning views from Pitstone Hill

Have a look at The Chiltern Society website for details and all the different ways you can access the maps

www.chilternsociety.org.uk

Ivinghoe and Pitstone Hill - The Chiltern Society



#### ROTARY CLUB OF JORDANS & DISTRICT



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# **Charity Film Night**

#### Sunday 16<sup>th</sup> March 2025, 7.00pm for 8.00pm

Beaconsfield National Film and Television School, Station Road, Beaconsfield, HP9 2LG

## 'The Butler'



For tickets contact Jenny Owen 01494 677571 / 07707386415 Cost £20 to include a glass of wine and nibbles Cash or cheques payable to Jordans Rotary Trust.

#### Seer Green Singers

#### **A Personal Experience**

When we moved to Jordans in 1982 my wife volunteered me to sing tenor with Jordans Singers, a small mixed voices choir based in the village. Sadly, Jordans singers ended when the Musical Director David Roseveare moved away from the village. Shortly after his departure, my wife (again) told me about South Bucks Singers rehearsing at St Joseph's school and like many mixed choirs, tenors of any description are always welcome. I then spent six or seven years singing traditional choral works under the direction of lan Ledingham until work and other commitments meant that I always felt under-rehearsed when the choir performed and I abandoned my singing.

It wasn't until 2014 that I renewed my acquaintance with the joy of singing, when two friends in Jordans enthused about a new community male voice choir that had been formed in Seer Green, led by the musical director of Village Voices, Jane Smith. The choir is non-auditioned and has a mix of musical talent, from the very competent or professional to those who, like myself, just enjoy singing. The great thing is that no-one is judgemental, and we're a welcoming bunch of friendly male voices (40+ on a full night) drawn from Seer Green, and surrounding areas. The range of music picked by our musical director is eclectic, Sondheim, soul music, Gershwin, the Beatles, Taupin, Rock hits, country music, sea shanties and African Tribal anthems, the choices made are always novel, though there are one or two favourites.

The choir rehearses in the Jubilee Hall on a Monday evening with our fantastic accompanist Kerry-Anna Sala and tends to perform in public twice a year, always at the Beaconsfield Festival of choirs, and sometimes locally in combination with Village Voices or on tour – we've sung in the Valleys with Cwm and Abertillery male voice choirs, Hull and Beverley when Hull was the UK City of Culture, the Cornwall International Male Choral Festival and in Leyburn, Yorkshire, with the Dales Community Pop Choir and the Leyburn Brass Band and at Choir Blast in Godalming Surrey. If you're male and feel the urge to sing, the choir is holding a Workshop session in the Jubilee Hall with Ben See and Dom Stichbury at 7.30pm on **March 31** see: https://www.eventcreate.com/e/singing-workshop-for-men or come along any Monday evening during term time to give it a trial – see dates and information at https://www.seergreensingers.com

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